

Developing Strengths-Based Project Teams

by Martha Buel and Connie Plowman

We do our best work when we love what we do!

THE WHY AND WHO

Everyone does projects – individuals, groups, teams, students, faculty, professionals, organizations. And everyone has talents and strengths. The book, *Developing Strengths-Based Project Teams*, integrates project management and strengths philosophy into one. It introduces students and faculty to strengths-based talent development and provides the nuts and bolts for working in groups or project teams – in school, in the workplace, in the community, everywhere.

This book is designed for students studying business, project management, or those interested in talent development. While students explore and articulate their own talents and strengths, they also learn about the talents and strengths of their classmates, how teams can become high performing strengths-based teams, and organizations can develop a strengths-based culture. The book's content and activities are enhanced when students also use the book, *CliftonStrengths® for Students*, as a complementary resource.

THE HOW

The book is consistent with current project management industry standards and a strengths-based approach. The book includes:

- Building blocks – A series of foundation blocks for individual and team strengths-based development.
- Terminology – Definitions of keywords to gain alignment and understanding.
- Chapter objectives – Stated at the start of each chapter to provide focus.
- Reflective questions – Provided at end of each chapter for further individual responses, group interactions, or discussion questions.
- Templates and exercises – Sample forms and examples to use.
- Additional resources – Useful for school, career, and team development.

THE CONTENT

Chapter 1: Introduction The How and the Why

Chapter 2: Definitions Staying Aligned

Chapter 3: History Overview of Strengths Philosophy
and Strengths-Based Project Teams

Chapter 4: Starting Point Developing your Strengths as a Project Manager

Chapter 5: Mapping Connecting Strengths and Project Management

Chapter 6: Process Cultivating a Strengths-Based Project Team

Chapter 7: Sustaining Keeping a Strengths-Based Project Team Going

Chapter 8: Action Plan Make an Investment

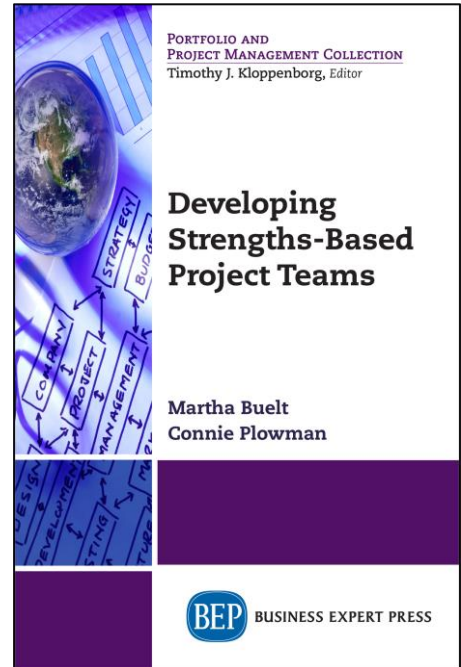
Appendix A Resources

Appendix B Templates and Examples

Appendix C Connecting Strengths and Project Management

Appendix D Strengths Conversational Prompts for Project Teams

BOOK SUMMARY FOR EDUCATORS



BOOK REVIEW

“Developing Strengths-Based Project Teams” provides key definitions and steps necessary to identify, develop, and utilize key leadership traits for improving project team management effectiveness.

By combining the research conducted by Gallup scientists on the identification of key leadership traits and strengths with the proven project management concepts defined by the Project Management Institute (PMI), a well-grounded symbiotic relationship emerges that will enhance the project team and project manager effectiveness in today's ultra-dynamic world.

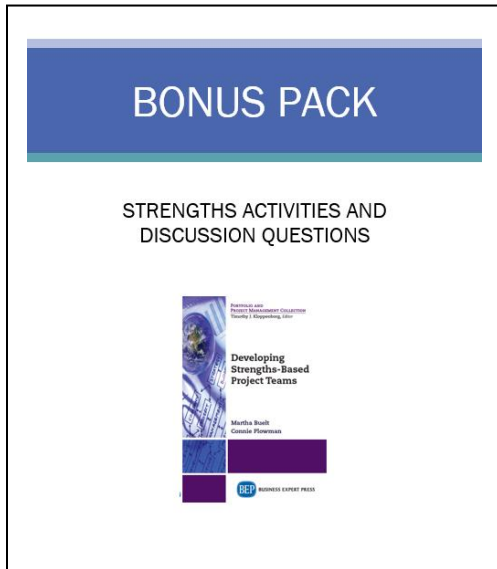
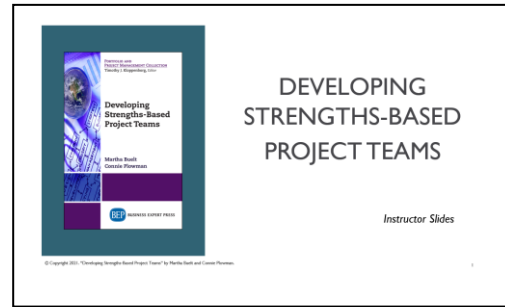
Written in an easily read manner, this book is a must read for anyone, whether company, organization, student, professional, or anyone else who has a vital interest in not only enhancing their project management skills, but also enhancing life skills.

*Frank Corona - Faculty, Business and Computer Science Department
Project Management Faculty Advisor
Clackamas Community College*

INSTRUCTOR RESOURCES

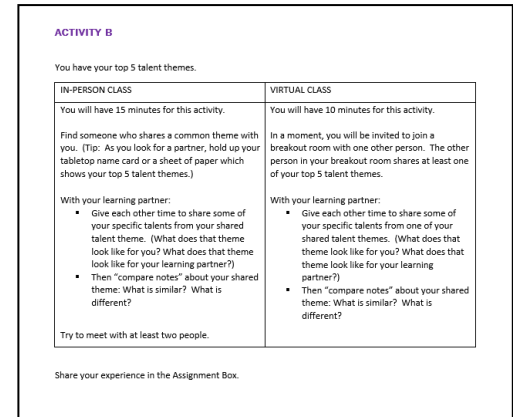
Instructor Slides

Over 100 PowerPoint slides representing key concepts and teaching points in the book. Includes instructor notes and suggested class activities – for both in-person and virtual learning environments. Designed to be modified for the instructor’s presentation style, facilitation, experiences, and course duration. Includes book page numbers for students to follow lectures.



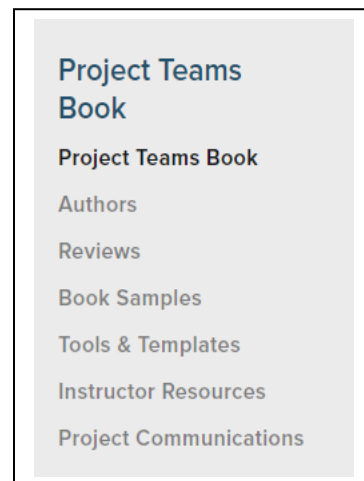
Bonus Pack

Contains a series of proven Strengths Activities and Discussion Questions for instructor’s use and modification. Exercise instructions are written to allow cut/paste into the school’s Learning Management System. Ideal for both in-person and virtual classrooms.



Book Website

Contains author information, book reviews, book samples, tools and templates, instructor resources, and project communications. For use by students and instructors – all for FREE.



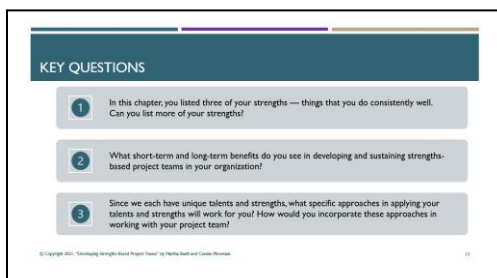
Templates and Examples

Includes blank templates and examples for students and instructors to download and modify to complete individual or group assignments.

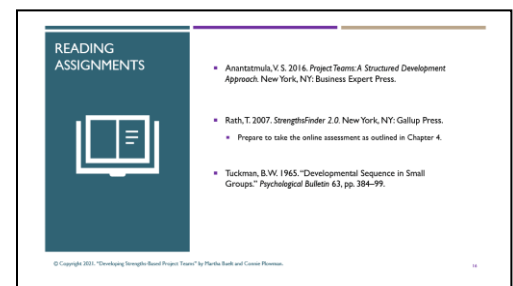
<https://www.talentstrength.net/developing-strengths-based-project-teams>

Discussion Questions

Over 25 discussion questions for instructor’s use. Listed at the end of each chapter and more in the Bonus Pack.



Reading Assignments
Incorporates suggested reading assignments to enhance the student’s knowledge and expand the book’s content.



Variety of formats: Individual activities, two-person exercises, breakout discussions, team and group participation.

Students must have the *Developing Strengths-Based Project Teams* book to Successfully complete assignments and activities.